



# NORDIC HOUSE SPA

Specializing in  
Lymphedema & Oncology Massage  
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## Oncology Massage Intake Assessment

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Doctor: \_\_\_\_\_

Email: \_\_\_\_\_ Birthday (mm/dd/yy) \_\_\_\_\_

Type of cancer and location: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date of diagnosis: \_\_\_\_\_

IN treatment now? Y / N

Treatment start date: \_\_\_\_\_

(If applicable) when did you END treatment?

\_\_\_\_\_

Have you EVER had massages? Y / N

Have you had massages since diagnosis? Y / N

Which of the following treatments have you received:

- Chemotherapy \_\_\_\_\_
- Other drug treatment \_\_\_\_\_
- Radiation (where/amount) \_\_\_\_\_
- Surgery \_\_\_\_\_
- Biopsies \_\_\_\_\_
- Reconstruction \_\_\_\_\_
- OTHER \_\_\_\_\_

Are you pregnant? Y / N

Do you experience hot flashes? Y / N

Do you feel nauseated Y / N

### Do Any of the following apply to you?

#### Pressure related side effects:

Easy bruising/ low platelets Y / N

Areas of fragile/sensitive skin Y / N

Fatigue Y / N

Low white count /Neutropenic Y / N

Recent blood clots Y / N

Lymph node removal (amount) \_\_\_\_\_

Edema Y / N

Diagnosed? \_\_\_\_\_

Lymphedema Y / N

Diagnosed? \_\_\_\_\_

Sensitivity from radiation Y / N

Bone Fragility Y / N

Metastases Y / N

Where \_\_\_\_\_

Neuropathy Y / N

Receiving/received treatment for anything  
else: \_\_\_\_\_

\_\_\_\_\_

### Site-Related Side Effects:

Pain or discomfort \_\_\_\_\_

Medical devices \_\_\_\_\_

Skin concerns \_\_\_\_\_

Radiation burns \_\_\_\_\_

Calf tenderness \_\_\_\_\_

Tumor \_\_\_\_\_

Incisions \_\_\_\_\_

### Positioning adjustments:

Pain discomfort \_\_\_\_\_

Nausea \_\_\_\_\_

Anxiety \_\_\_\_\_

Tumor \_\_\_\_\_

Medical devices \_\_\_\_\_

Implants \_\_\_\_\_

Incisions \_\_\_\_\_

Radiation \_\_\_\_\_

Do you feel Fatigued Y / N